

DNA Activations—World Peace Retreat 2010

August 25- September 1, 2010

HELPFUL HINTS

What to Bring

Here is a basic list of things we recommend that you bring with you:

- comfortable, casual clothing
- sturdy boots or sneakers for hiking
- indoor only footwear
- weather appropriate gear
- a good book to read (we have a few in the Riley Library as well!)
- a notebook and writing utensil
- items specified by your retreat leader(s)

Recreational Opportunities

There are plenty of opportunities to get outside at Sky Lake. So why not:

- go for a swim or boat ride? Our waterfront is open for the enjoyment of our campground and retreat guests when camps are in session, most weekends from Memorial Day to Labor Day, and upon request (if a Sky Lake trained lifeguard is available).
- go for a hike? There are several miles of trails at Sky Lake ranging from easy to moderate.
- build a campfire? We have several pits in which to build a warm campfire to roast marshmallows over--while singing some favorite camp songs.
- play a game of volleyball or basketball? A volleyball net is set up on the west shore and one can easily be set up on the east shore. A basketball hoop is located at the end of the Underwood parking area (from spring to autumn).
- throw a frisbee on one of our large playing fields?

Seasonal Considerations

Sky Lake experiences four distinct seasons. Here are some things to keep in mind during each one:

- **Summer:**

- summer temperatures can vary--from cool to hot. Dressing in layers and having a sweatshirt or light jacket with you will come in handy. Feel free to bring a fan as well. And bathingsuit.
- if you plan on spending any time outdoors, you will want to bring sunscreen and bug repellent with you.
- **Autumn:**
 - nights and mornings are typically chilly, so you will certainly want warmer clothes for those times of the day.
 - don't forget a camera! Sky Lake is especially colorful this time of year.

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