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Vacation-Wellness Retreat in Croatia

Theme: "The Beautiful World of Intimacy"

Program for USA group:

9-16 September 2006

For Partners Only...

Wellness Program Activities Schedule: Seminars, Workshops and Meditations

Saturday (Porec)

Evening get acquainted welcome party: "Down to Earth"

- (1) Meditation: "Connecting Mind, Body and Soul with Play!"
- (2) Introduction, speeches, dance

Sunday (Pula)

Seminars and Meditations: "Exploring Self"

- (1) Early Morning Sunrise Meditation at the Beach – "Celebrating the Sun"
- (2) Seminar: "The Individual: Self-Concept, Personal Frame of Reference, and Behavior"
- (3) Meditation in Amphitheater: "Releasing and Forgiving our Past"
- (4) Meditation: "Stop Waiting"
- (5) Meditation: "Bungee Cord"
- (6) Seminar in the yard of the Miracle Church: "ZeRo Point Clearing of Past Ancestral Ties"
- (7) Seminar: "Need Compatibility: Belonging, Dominance, Intimacy"
- (8) Seminar: "Attraction"
- (9) "Dance of My Heart"
- (10) Meditation in the Miracle Church: "Miraculous Healings"

Monday (Venice)

Seminars and Meditations: "Exploring Your Relationship"

- (1) Meditation: "The Oracle of Whales"
- (2) Seminar: "Perception"
- (3) Seminar: Perception Model--"Johari's Window"
- (4) Exercise: "Worry Free Rocks"
- (5) Seminar: "Social Roles"
- (6) Exercise: "Thank You"
- (4) Meditation: "Mirrors around"
- (5) Activity: "Contest: Answer the Question"
- (6) Activity: "Dance of Attraction"

Tuesday (Porec-seminar day)

Seminars and Meditations: "Communication in Relationship"

- (1) Seminar: "The Foundation of Human Relationships"
- (2) Seminar: "Conflicts"
- (3) Seminar: "Expanding Relationships"
- (4) Seminar: "Constructive Feedbacks in Relationships"
- (5) Meditation: "New Values for New Life"
- (6) Seminar: "Sustaining Relationships"

Wednesday (Plitvice)

Meditations and Program Activities: "Exploring Intimacy in Relationship"

- (1) Seminar: "What is Intimacy, Concept, Process or an Event?"
- (2) Meditation: "The Mountain of Goals"
- (3) Meditation: "Green Meditation of Heart"
- (4) Seminar: "Adversarial Effects and Complications of Intimacy"
- (5) Exercise: "Reading of Androgynous Energy"
- (6) Seminar: "Seven Stages of Relationship Revolution"
- (7) Meditation: "Expansion and Embrace of Nature"
- (8) Seminar: "Seven Primary Forms of Intimacy"
- (9) Seminar: "Elements that Further Define Intimacy"
- (10) Meditation: "Embracing the World"

Thursday (Porec-seminar day)

Seminars and Meditations: "The Psycho-Chemistry of Intimacy"

- (1) Seminar: "The Chemistry of Intimacy is Psychologically Based"
- (2) Seminar: "Honesty in Intimacy"
- (3) Seminar: "Trust in Intimacy"
- (4) Discussion: "Male versus Female"
- (5) Seminar: "Chakras involved with Intimacy"

Friday (Cave Postojna)

Meditations and Chants: "Intimacy in Every Day Life"

- (1) Meditation: "Connecting With the Earth"
- (2) Seminar: "Techniques for Improving Intimacy"
- (3) Seminar: "Healing Energy of Intimacy"
- (4) "Free Expression"
- (5) "Experimental Playfulness"
- (6) "Divine Nature"
- (7) "Bliss and Rupture"

Final Celebration: evening gathering, party, farewell dance, prizes ,and rewards

Saturday

Meditation:

- (1) Early Morning Sunrise meditation at beach: "Flying in Joy"

Optional:

Massage and Spa Treatments

Midnight Swimming

Drumming Circle