

## Fifty Universal Truths for...

# Living in the Moment

- More powerful than affirmations...
- Practical and Realistic...
- Truthful...
- Effective...

To live in the moment avails tremendous growth potential. It serves you by allowing your inner wisdom and voice better guide you through your daily activities. Self-trust rapidly improves and eventually, you will become more positive and confident.

The Universal Truths for "Living in the Moment" generate clarity and are empowering. When practiced continually, perception accelerates and your inner world begins to reveal its true nature and awareness. Soon, your outer world begins to reflect your inner reality of peace and simplicity.

Each Universal Truth for "Living in the Moment" functions as a technique for self-mastery. Their wisdom creates inner strength and awakening. Their simplicity empowers you to be all you can be, as God created you to be.

Study them. Analyze them. Feel their power. Discuss them with family and friends. Over a short period of time, you will feel the difference within yourself. "Living in the Moment" cards are filled with high-impact Universal Truths that foster positive change.

There are five laminated "Living in the Moment" cards sized at 9 x12 inches. Each a stand-a-alone with 10 unique and empowering Universal Truths. Combine all to make a complete set giving you 50 truths. You can buy them individually or in complete sets (get one card free). They serve as excellent gifts for all occasions. They can be framed or used as posters. Do whatever feels right for you in the moment.

Training and Career  
Opportunities Available

### Living in the Moment

#### Universal Truths for Positive and Successful Living

1. Always speak your truth.
2. Staying focused, in the process, is the goal.
3. Every action, word, thought, intent, you create in every moment must exemplify the good and beautiful.
4. Every hesitation, doubt, and fear, in every moment, must be confronted and purified.
5. Confront everything in the moment that makes you feel uncomfortable.
6. Embrace life as the way you love it to be.
7. You create your life moment by moment.
8. Trust your Intuition to guide you, always.
9. Every moment reflects the totality of your being.
10. All of your past and future exists Now.

(Actual Sizes are 9 x 12 inches)

### The complete set includes:

- *10 Primary Universal Truths for Positive and Successful Living*
- *10 Universal Truths for the Heartdriven*
- *10 Universal Truths for Peace and Freedom*
- *10 Universal Truths for Confidence*
- *10 Universal Truths for Challenge*

[www.oughtenhouse.com](http://www.oughtenhouse.com).

More ... 

**TRAINING IS AVAILABLE...**

**A ONE-DAY "LIVING IN THE MOMENT SEMINAR"**

Each of the 10 Primary Universal Truths for "Living in the Moment" are thoroughly discussed. Group exercises will be performed to reinforce their importance and application. The seminar is guaranteed to positively stimulate a change in your life. A minimum of 15 paid participants is suggested to cover facilitator and expenses. Tuition: \$99 per person, \$150 for married couples, and \$55 per child. A \$25.00 deposit is requested to reserve a date.

**BUSINESS OPPORTUNITIES ARE ALSO AVAILABLE...**

**HOSTS &  
TRAINERS  
WANTED**

Hosts and Trainers are needed nationally. As a "Host-Trainer" you can earn substantial compensation from fees collected and earn an addition income from retail sales at seminar. Whether a "Host" or a "Trainer" you can average well over \$1,500 per month based on 20 paid enrolled students per month. Double that if you are innovative and determined. Send for details or please call...Dr. Robert V. Gerard, PO Box 535, Port Washington, NY 11050 USA • Toll Free 800.503.8873 • E-mail Gerard77ohi@aol.com

**ORDERING & INFORMATION**

To receive your set(s) or individual cards, or reserve a date for the "Living in the Moment Seminar" please contact...

Oughten House Foundation, Inc.,  
Sales & Distribution Center: PO Box 535, Port Washington, NY 11050 USA  
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**Order securely online at [www.oughtenhouse.com](http://www.oughtenhouse.com).**

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Qty.	Product Name	Price	Totals
	"Living in the Moment" -- <b>Complete Sets</b> (all 5 cards, get one free)	\$20.00	
	<i>Ten Primary Universal Truths for Positive and Successful Living</i>	\$5.00	
	<i>Ten Universal Truths for the Heartdriven</i>	\$5.00	
	<i>Ten Universal Truths for Peace and Freedom</i>	\$5.00	
	<i>Ten Universal Truths for Confidence</i>	\$5.00	
	<i>Ten Universal Truths for Challenge</i>	\$5.00	
	Sub-totals		

Visa • MasterCard • AmEx • Discover credit cards accepted.

Tax \_\_\_\_\_

Shipping & Handling charges: add \$5.00 for first set, add \$3.50 per additional set, add 50¢ for each additional card... \_\_\_\_\_

Total \$ \_\_\_\_\_